

Morning Affirmations:

Thank you God, for the blessing of this day, another new beginning. Throughout the day, I will have gratitude for all the blessings in my life. Especially things I might have taken for granted.

Things like: shelter ... a comfortable bed ... clean hot water ... family ... and friends.

I'm also grateful for ...

I ask for what I want knowing that whatever I ask for in prayer, having faith and believing, I will receive. God, these are my heart's desires ...

I know when I take delight in the Lord, He will give me the desires of my heart for God is the co-creator of my life.

I give thanks throughout the day for what I want as if it is already here.

I live today in perfect harmony.

I choose to be happy.

I radiate joy.

I trust my instincts.

Today, I will do at least one thing that will help me reach my goal.

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